



BLUE KARMA
VILLAGE



TEA EXPERIENCE



A serene tea experience awaits - IDR 110K

Includes your choice of tea paired with Balinese treats: dadar gulung and freshly baked cookies

INDONESIAN GREEN TEA



Cloud & Fog (Java)

Experience the exquisite taste of premium Indonesian green tea, a rare gem cherished by tea enthusiasts.

Tea Characteristics:

Grown on the mountains of West Java, in Indonesia, this is a mellow and aromatic green tea with a lasting sweet taste and a hint of nutty and fruity notes.

Benefits:

- Diuretic Properties: Helps flush out toxins and excess fluids.
- Anti-inflammatory Effects: Reduces inflammation in the body.
- Antioxidant Content: Neutralizes harmful free radicals.
- Blood Pressure Regulation: May contribute to cardiovascular health.
- Weight Management: Reduces water retention and bloating.



Green Tea Jasmine (Java)

Jasmine remains a timeless and beloved choice, with many guests appreciating its presence on the tea menu.

Tea Characteristics:

Classic blend of green tea with aromatic jasmine. This team produces a sweet brew with a fragrant aroma.

Benefits:

- **Rich in Antioxidants:** Protects cells from damage.
- **Calming and Relaxing:** Promotes relaxation, reduces stress.
- **Heart Health:** Supports cardiovascular health.
- **Mental Alertness:** Improves focus and alertness.
- **Immune System Support:** Strengthens the immune system.



Pandan Green Tea (Java)

Pandan offers an exotic tea experience, especially for non-Indonesian guests who may not be familiar with this flavor, expanding beyond the usual classic choices.

Tea Characteristics:

Refreshing and creamy blend with a pronounced aroma of pandan. This tea produces a naturally sweet taste and a grassy flavour with hints of almond and vanilla.

Benefits:

- **Distinctive Flavor:** Provides a unique and exotic taste.
- **Rich in Antioxidants:** Offers potential cell protection from oxidative damage.
- **Calming Properties:** Known for its soothing and relaxing effects.
- **Hydration:** Contributes to daily fluid intake and keeps the body hydrated.
- **Immune System Support:** Contains antioxidants that can boost the immune system.

INDONESIAN OOLONG



Dong Ding Oolong (Java)

A premium tea well appreciated by tea connoisseurs, rare to find in Bali.

Tea Characteristics:

Echoing the famous Dong Ding Oolong from Taiwan, this semi fermented tea has a smooth, light to medium roasted tea, very fragrant and characterized by its sweet taste and flowery aroma.

Benefits:

- **Digestive Support:** Can assist in digestion and ease digestive discomfort.
- **Antioxidant Rich:** Contains antioxidants that help protect cells from damage.
- **Heart Health:** May contribute to cardiovascular health by lowering cholesterol levels.
- **Mental Alertness:** Contains caffeine to improve focus and mental alertness.
- **Relaxing Aroma:** The pleasant aroma promotes relaxation and reduces stress.



Rose Oolong (Java)

A delightful fusion of delicate oolong leaves and fragrant rose petals, giving a memorable tea experience.

Tea Characteristics:

Offers a delightful floral aroma, a smooth and subtle sweetness, and a medium-bodied infusion with a balanced mix of fresh green tea and mellow black tea notes.

Benefits:

- **Aroma and Relaxation:** Promotes relaxation and reduces stress.
- **Rich in Vitamin C:** Contains vitamin C, which supports the immune system.
- **Skin Health:** Contributes to skin health due to its anti-inflammatory properties.
- **Digestive Aid:** Can help soothe the digestive system and reduce bloating.
- **Weight Management:** May aid in weight loss efforts by boosting metabolism.



Osmanthus Oolong (Java)

Appeals to both tea connoisseurs and newcomers with its refreshing aroma and natural sweetness.

Tea Characteristics:

The oolong tea easily absorbs the aromatic osmanthus flavor and when brewed, produces a smooth infusion with a strong fruity and sweet character.

Benefits:

- **Rich Aroma:** Offers a delightful and refreshing fragrance.
- **Natural Sweetness:** Contains a pleasant natural sweetness.
- **Antioxidant Content:** Provides antioxidants to protect cells from damage.
- **Relaxing Properties:** The aroma and taste promote relaxation and reduce stress.
- **Cold Brew Option:** Can be enjoyed as a cold brew for a refreshing experience.

INDONESIAN BLACK



Organic Golden Tips (Java)

Delivers a luxurious and smooth taste with delightful notes of honey and malt, and a velvety texture.

Tea Characteristics:

Grown on the mountains of West Java, this is an aromatic tea with fruity undertones, a deep nutty golden tip flavor and a beautiful assamic finish.

Benefits:

- **Boosts Energy:** Natural caffeine content provides a gentle energy boost.
- **Heart Health:** Support cardiovascular health and help maintain cholesterol levels.
- **Relaxing:** The rich and smooth taste promotes relaxation and reduces stress.
- **Hydration:** Contributes to daily fluid intake, keeping the body hydrated
- **Immune System Support:** The tea's antioxidants can boost the immune system.

INDONESIAN BLENDED BLACK



Masala Chai (Java)

A harmonious balance of flavors that exude a comforting and aromatic experience.

Tea Characteristics:

A flavorful and aromatic Indian spiced tea, combining black tea with a blend of warming spices such as cinnamon, cardamom, ginger, cloves, and black pepper.

Benefits:

- **Anti-inflammatory Properties:** The blend of spices have anti-inflammatory effects.
- **Mental Alertness:** Caffeine and the spices can improve focus and mental alertness.
- **Warm and Comforting:** The taste and aroma offer a soothing experience.
- **Energy Boost:** Natural caffeine in black tea provides a sustained energy lift.
- **Heart Health:** Black tea and certain spices can contribute to cardiovascular health.



Earl Grey (Sumatra & Java)

Offering a delightful balance of flavors and a memorable, citrus-infused journey for the senses.

Tea Characteristics:

A blend of black tea originating from three different plantations in Sumatra and Java, produces a strong yet sweet, very aromatic and refined tea.

Benefits:

- **Antioxidant Rich:** Contains antioxidants that help protect cells from oxidative stress.
- **Oral Health:** The tea's compounds can promote oral health and reduce bad breath.
- **Mental Alertness:** Provides gentle energy boost and improved focus.
- **Hydration:** Contributes to daily fluid intake, keeping the body hydrated.
- **Relaxing Aroma:** The aromatic bergamot can promote relaxation and reduce stress.

INDONESIAN FLORAL



Healing Tea (Bali)

A caffeine-free infusion in the menu, catering to guests seeking a delightful tea option without caffeine.

Tea Characteristics:

Blend of lemongrass, marigold flower, globe amaranth and rose petals, which produces a sweet caffeine-free infusion with a flowery well-rounded taste.

Benefits:

- **Healing Properties:** Alleviates dry cough and has a healing effect on the body.
- **Natural Detox:** Natural antibiotic with anti-inflammatory and detoxing properties.
- **Relaxation:** Contributing to lower blood pressure and improves sleep quality
- **Rich Aroma:** Offers a delightful and refreshing fragrance.
- **Natural Sweetness:** Contains a pleasant natural sweetness.



Calming Tea (Bali)

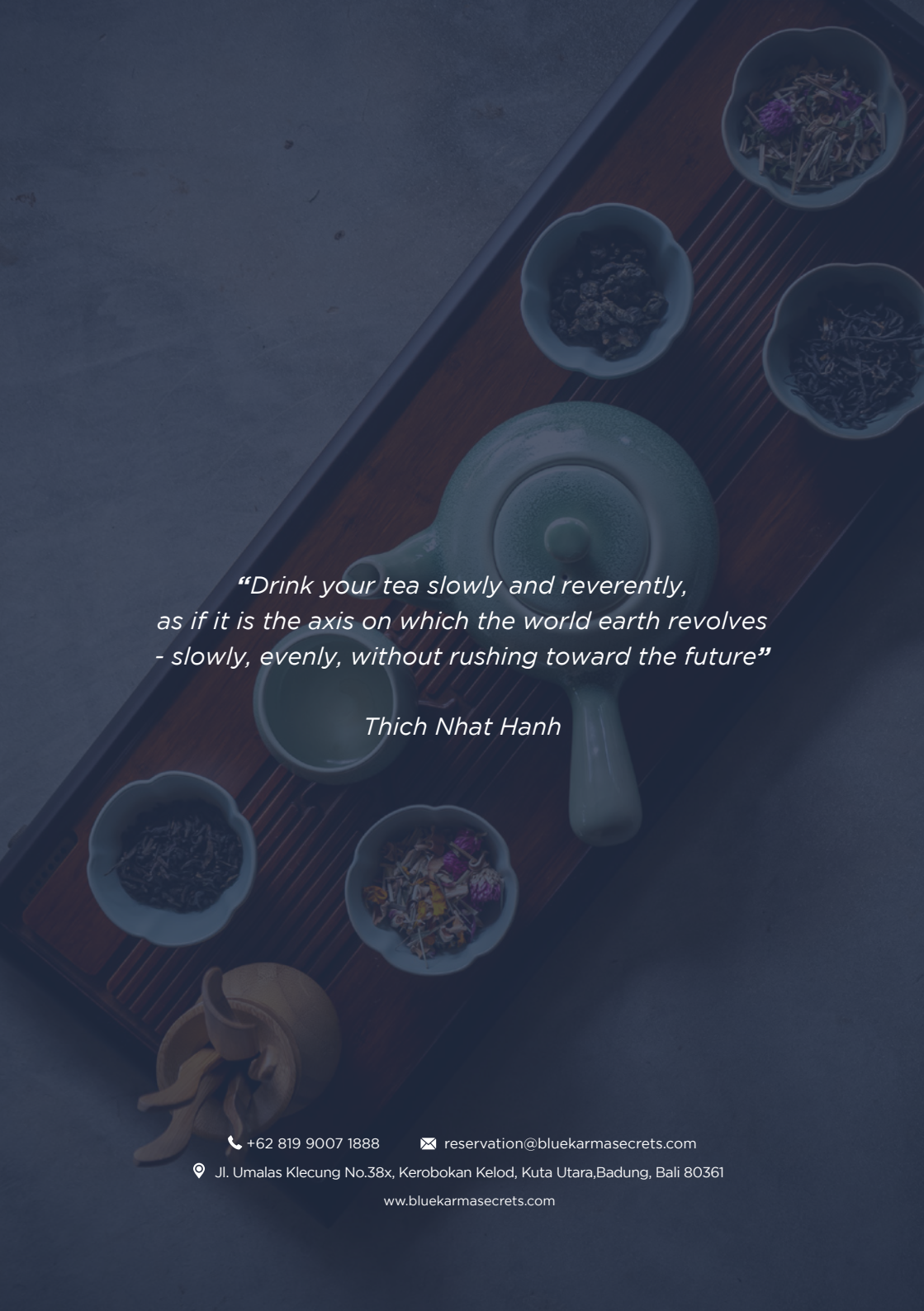
A caffeine-free infusion in the menu, catering to guests seeking a delightful tea option without caffeine.

Tea Characteristics:

This tea features a harmonious blend of lemongrass, globe amaranth, pandan leaf, and cardamom, offering a delightful combination of aromatic flavors.

Benefits:

- **Healing Properties:** Alleviates dry cough and has a healing effect on the body.
- **Natural Detox:** Natural antibiotic with anti-inflammatory and detoxing properties.
- **Relaxation:** Contributing to lower blood pressure and improves sleep quality
- **Rich Aroma:** Offers a delightful and refreshing fragrance.
- **Natural Sweetness:** Contains a pleasant natural sweetness.



*“Drink your tea slowly and reverently,
as if it is the axis on which the world earth revolves
- slowly, evenly, without rushing toward the future”*

Thich Nhat Hanh

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